



**Healthy Strides... Come walk with us**

is a casual 2-3 mile walk, preceded by a brief informative talk by Cleveland Clinic physicians, caregivers and community partners.

FREE to attend. No registration required.

**Contact Information**

(216) 312-5640 or [jameysj@ccf.org](mailto:jameysj@ccf.org) with any questions.

**Date:** Every Saturday, May - November

**Time:** 8:30 a.m.

**Location/Address:**

Cleveland MetroPark  
Acacia Reservation  
26899 Cedar Road  
Lyndhurst, OH

*\*Meet outside of Clubhouse entrance*